

PARK CAFÉ & HOME DELIVERY MENU ALLERGEN TABLE

We strongly advice to check our ingredients information for more detailed allergens advice.

Lots of our dishes can be served with selection of side options like pita, hummus or sauces. Please check individual items for allergen information

More information call us on 020 89068400

1	Celery:	Celery and products thereof
2	Cereals:	Cereals containing gluten namely wheat (such as spelt and Khorasan wheat) rye, barley, oats and their hybridised strains and products thereof,
3	Crustaceans:	Crustaceans and products thereof (for example prawns, lobster, crabs and crayfish)
4	Egg:	Egg and products thereof
5	Fish:	Fish and products thereof, except
6	Peanuts:	Peanuts and products thereof
7	Soy:	Soybeans and products thereof
8	Milk:	Milk and products thereof (including lactose),
9	Nuts:	Nuts (namely almond, hazelnut, walnut, cashew, pecan nut, Brazil nut, pistachio nut and Macadamia nut
10	Mustard:	Mustard and products thereof
11	Sesame:	Sesame and products thereof
12	Lupin:	Lupin flour
13	Mulluscs:	Molluscs and products thereof (for example mussels, clams, oysters, scallops, snails and squid)
14	Sulphur dioxide:	Sulphur dioxide and / or sulphites at concentrations of more than 10mg/kg or 10m g /L

Important information:

Our main courses come with options of side dishes & sauces, please refer to the relevant side dish for allergen informatiom

Wraps, pita sandwiches & burgers have options of different fillings, toppings & sauces, please refer to the relevant filling for information

X = contain

XO = May contain subject to side dish option

X? = May contain due to manufacturing methods

Page 1	Celery	Cereals	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide
Sauces & side dishes														
Tahini sauce							X				X			
Chilly harissa sauce							X							
Tapas falafel		X					X				X			
Aubergine salad							X		X					
Tabule salad		X					X							
Chips							X							
Rice							X							
Onion ring		X					X							
Tzatziki dip								X						
Hummus dip							X				X			
Pita bread		X					X?		X?		X?			
Greek Pita		X					X?				X?			
Hummus plate														
Served with pita & tahini sauce														
Hummus		X					X				X			
Hummus falafel		X					X				X			
Hummus shawarma		X					X				X			
Hummus cauliflower		X					X		X		X			
Pita sandwiches														
Filled with hummus, salad, option tahini/chilly sauce on the side														
Falafel pita		X					X		X?		X			
Shawarma pita		X					X		X?		X			
Shashlik pita		X					X		X?		X			
Halloumi pita		X					X	X	X?		X			
Greek wrap														
With tzatziki/hummus, salad, onion, option tahini/chilly sauce on the side														
Chicken wrap		X					X	X			X?			
Shawarma gyros		X					X	X			X?			
Halloumi wrap		X					X	X			X?			
Manouri chees wrap		X					X	X			X?			
Burgers														
In a brioche bun with mayo, salad & chips														
Beef burger		X		X			X	X		X				
Beef cheese burger		X		X			X	X		X				
Chicken burger		X		X			X	X		X				
Chicken cheese burger		X		X			X	X		X				
Schnitzel burger		X		X			X	X		X	X			

Page 2	Celery	Cereals	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide
Jumbo hot dog														
Served in a roll with chips & mustard		x		x			x			x				
Main courses														
Sides: salad, chips, rice, hummus & pita														
Grilled chicken main		xo					x		xo		xo			
Shawarma main		xo					x		xo		xo			
Shashlik main		xo					x		xo		xo			
Schnitzel main		x		x			x		xo		x			
Veggie & Vegan main														
Our platter served with salad, tabule salad, hummus/tzatziki, tahini & pita														
Falafel platter (with hummus)		x					x				x			
Cauliflower platter (with hummus)		x					x				x			
Greek platter (with tzatziki)		x					x	x			x?			
Shakshuka														
Eggs in tomato sauce served with salad & pita (see pita bread)		x		x			x		x?		x?			
Salads														
Salad with tomato, cucumber, lettuce topped with lemon & olive oil dressing														
Falafel salad (with hummus)		x					x				x			
Chicken salad							x							
Manouri salad (with tzatziki)							x	x						
Kids meals														
Vienna's & chips							x							
Chicken nuggets & chips	x	x					x							
Beef / Chicken burger		x		x			x	x		x				
Kids Hot-dog		x					x		x					
Kids goujon & chips (Friary Park)	x	x					x			x				